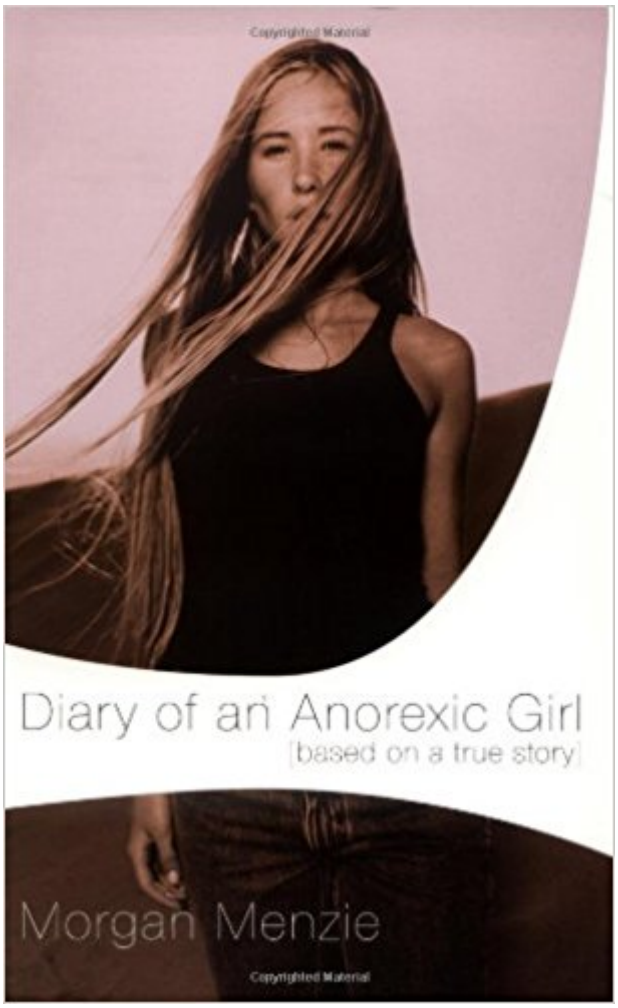
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Diary Of An Anorexic Girl



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Synopsis

Morgan Menzie takes readers through a harrowing but ultimately hopeful and inspiring account of her eating disorder. Her amazing story is told through the journals she kept during her daily struggle with this addiction and disease. Her triumphs and tragedies all unfold together in this beautiful story of God’s grace. Features include: daily eating schedule, journal entries, prayers to God, poems, and what she wished she knew at the time. It’s the true story of victory over a disease that is killing America’s youth.

Book Information

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Average Customer Review: 3.5 out of 5 stars 33 customer reviews

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Customer Reviews

Morgan Menzie is a student at Vanderbilt University. She served as general editor for Sisterhood, and Diary of an Anorexic Girl is her first full-length novel. She was valedictorian of her high school class and now she’s majoring in English. She has written for The Tennessean, and was editor of yearbook and literary magazine in high school. Morgan lives in Nashville, Tennessee in a cool apartment with some college friends.

This is ridiculous really. I don’t know who I think is going read this, but I feel encouraged when an audience is listening. Mom always says I have a flare for the dramatics. It’s usually derogatory, but in my infinite wisdom I have turned it in to a motto for life. You have to admit—if you were real you’d want me to talk to you directly. I would hate to exclude, so rather than risk hurting feelings real or imaginary, I will include you in my narrative. Mom also says I

over-analyze things, but I don’t think so at all and since you are my imaginary audience I have decided that you absolutely agree with me. My grandpa gave me this journal and told me to start it today. Why, I don’t know. Old people always have their reasons. He made the leather cover with my initials in the corner—in case you can’t see it for yourself. He’s from the country, or used to be before he moved to be closer to us, so homemade gifts are his specialty. I can’t tell you how many tables and chests and shelves with pegs to hang keys on we’ve collected over the years. I suppose being from the country or the city for that matter would give your life color—you know that thing they always use in literature classes to analyze novels. (It’s the point at which the author gets slammed. You raise your hand to say that you rather like the New England setting of The Cider House Rules only to be bull-dozed by the question of “Yes, but does it have color?” There’s no true answer to that question, which I rather like, but which those teachers stubbornly refuse to acknowledge.) All I know is, I would rather be any place in any one of those novels than here in mindless suburbia, growing up then growing old in obscurity. Mom says I take life too seriously. She says I’m only twelve years old and that I shouldn’t worry about such matters. I say I’ve already had twelve years to warm up and I am ready to go. Pa always understood me. He didn’t tell me what to do or remind me of how young I am. All he said was, “Blythe, I want you to have this to write your life down in.” That’s it; that’s all he said before he began to whistle some old twangy hymn. For a man who could talk the bark off a tree, this was an abruptly short conversation, and perfectly suited for me. So left with no guidance, here goes . . .

This is a good book for Young adults. I have read it several times. First i read it Before i ever had an eating disorder, and at that time i found the book shallow. It wasn’t what i was looking for, i wanted something gritty and raw (i wanted to read those "hard core" descriptions of severe anorexia).Now, though, as i have been suffering from eating disorders myself, i Think this is a really nice book. I dont Think its that shallow anymore. I Think that the first time i read it i just scanned it for "hard core anorexia stuff", so i didnt see the qualities of it.The book is funny but also sad at some times. The main character Blythe is a smart Young girl who, in spite of her smartness, often fools herself into not realizing she does dangerous things. You really get to know her, and you keep wondering "what will happen next?"The reason i give it 4 stars instead of 5 is that some things are a bit (just a Little bit) stereotypical and that the book didn’t feel like written by a girl Blythes age, or, maybe, but not like a diary. But i have to say that the book is MUCH better like this than if it had been written like a real diary.And, as a Christian i Think it was good that the book had a Christian view of things. Dont

get me wrong, the book isn’t preachy at all, the spiritual stuff is not "too much".

Disappointing. I thought this book would be inspirational. Instead, it reads more like a "How-To" guide for how to be an anorexic. it is very descriptive of what it feels like to live with anorexia, but the narrative falls short when it comes to describing how she recovered. It doesn’t really explain what changed in her heart and/or mind. And, she never shares any feelings of regret for her actions.

Didn’t get quite as into the mindset and struggles of someone with anorexia as I’d expected from a "diary." Blythe definitely had problems she was wrestling with but it didn’t go into much depth about the problems and truly feel what she is struggling with. I didn’t feel the severity of her issues as they were happening and all of a sudden she’s in treatment and life is peachy (is that really a spoiler with this subject matter?)

interesting read, I could see teenagers reading this especially

Very real. Thank-you.

Very engaging book and useful in teaching with teenagers with similar problems. I hope other teachers Will find it as useful as I do.

I didn’t really enjoy this book. It is what I would call light reading. Not too much emotion or character development.

Great book, well written, easy to read. Perhaps outside my age bracket, however still informative and enjoyable.

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